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Research interest: Medical anthropology, Tibetan medicine, Public Health, Buddhism

## **PUBLICATIONS**

### BOOKS

- 2012 Witt, C., Craig, S., Cuomu M.(eds). Tibetan Medicine Research-From Current Evidence to Future Strategies. KVC Verlag, Essen, Germany, ISBN 978-3-86864-024-3
- 2010 Co-editor of Craig, S., Cuomu, M., Garret, F., and Schrempf, M. (eds) 2010. *Studies of Medical Pluralism in Tibetan History and Society: Proceedings of the 11th Seminar of the International Association for Tibetan Studies*. Bonn: International Institute for Tibetan and Buddhist Studies.
- 9/2010 Editor of *Go la gcig gyur can gyi 'gran rtsod dang srol rgyun rig gnas kyi rgyud 'dzin* (Challenges of the Globalization and Preservation of Traditional Culture): *Proceedings of Seventh International Congress on Traditional Asian Medicine (in Tibetan)*. Fuli Publishing House, Lhasa, TAR.
- 10/2009 Cuomu, M. 2009. *Mo nad Phapai nad la gso bcos bays pa'i nyams yig'* (The Cultural Understanding of Obstetrics and the Treatment for Various Diseases). Lhasa: TAR central publishing company. (50,000 words monograph)
- 8/2003 Author of *Mo na gso pa'l skor* (Textbook for University Students in Obstetrical and Gynecological Diseases) (one volume in a series of 18 textbooks that will form the core curriculum of students in Tibetan medicine in the TAR, Qinghai and Sichuan Provinces, in Tibetan). Qinghai Publishing Company for Nationalities.
- 2010 Social and Cultural Factors in Developing Tibetan Public Health System. Unpublished PhD thesis, Humboldt University, Berlin, Germany.

### BOOK CHAPTERS

- 2012 'Tibetan Medicine: a Holistic Health Approach' In: Claudia, W. Craig, *Clinical Research on Tibetan Medicine - From Current Evidence to Future Strategies- Advice from Interdisciplinary Consensus Conference*. KVC, Essen
- 2011 'Qualitative and Quantitative Research Methodology in Tibetan Medicine: the History, Background and Development of Research in *Sowa Rigpa*'. In: Adams, V. Schrempf, M. and Craig, S. (eds), *Medicine between Science and Religion: Explorations on Tibetan Grounds*. London: Berghahn Books.
- 11/2004 *Bod kyi gso rig zhib 'jug las don spel thabs skor gleng pa* (Research methodology in Tibetan medicine). (in Tibetan) (Proceedings for Tibetan medical conference, 2004) Lhasa, TAR Publishing Company. P.89-110

### JOURNAL ARTICLES

- 2012(forthcoming) Qualitative Exploration of the Potential Causes for the Reduction of Medicinal plants in Tibet East Asian Science, Technology and Society: An International Journal
- 2012 Cuomu, M. Gender difference in Tibetan Medical and Buddhist Perspective. In: Fjeld, H and Hofer, R (eds.) 'Women and Gender in Tibetan Medicine' Special Issue of *Asian Medicine: Tradition and Modernity*, Vol. 6.02.
- 2012 Coelius, L. R. Stenson, A., Morris, L J., Cuomu, M. Tudor, C. and Miller, S. (2011) The Tibetan Uterotonic Zhi Byed 11: Mechanisms of Action, Efficacy, and Historical Use for Post-Partum Hemorrhage. *Evidence-Based Complementary and Alternative Medicine*
- 2012 Coelius, L. R. Stenson, A., Morris, L J., Tudor, C., Cuomu, M. and Miller, S. (2011). Preventing Postpartum Hemorrhage: Comparing ZB11, a Traditional Tibetan Medicine to Misoprostol, *International Journal of Childbirth*
- 2011 'The Epidemiology of Etiology in Tibetan Medicine' (*bod kyi gso rig thun min gyi nad khams rnam bzhag la dpyad pa*). In: Craig, S. Cuomu, M. Garrett, F., and Schrempf, M. (eds) 2010. *Studies of Medical Pluralism in Tibetan History and Society: Proceedings of the 11th Seminar of the International Association for Tibetan Studies*. Bonn: International Institute for Tibetan and Buddhist Studies.
- 2010 Bad Kan 'jug skem nad kyi rtags bcos skor la bod sman gyi thog nas dpyad pa (Tibetan Medical Diagnosis and Treatment for Diabetes) In: Cuomu, M. (edi.) *Go la gcig gyur can gyi 'gran rtsod dang srol rgyun rig gnas kyi rgyud 'dzin* (Challenges of the Globalization and Preservation of Traditional Culture): *Proceedings of Seventh International Congress on Traditional Asian Medicine (in Tibetan)*. Fuli Publishing House, Lhasa, TAR P.
- 2009 Witt, C.M., Berling, N.E.J., Ngari Thingo Rinpoche, Cuomo, M. Willich, S.N.. 2009. Evaluation of Medicinal Plants as Part of Tibetan Medicine – A Prospective Observational Study in Sikkim and Nepal. *The Journal of Alternative and Complementary Medicine* 15(1): 59-65. doi:10.1089/acm.2008.0176.
- 2007 Co- authored publication: Miller, S., Le, P.V., Craig, S., Adams, V., Tudor, C, Sonam, Nyima, Droyoung, Tshomo, M., Lhakpen, Varner, M. 2007 'How to make consent informed: Lessons learned from Tibet.' *IRB: Ethics and Human Research* 29: 7-14.
- 2003 *Bad kan grum bu dkar po'i nad kyi ngos 'dzin dang sman bcos skor* (Big Bone Disease and Medical Treatment). Medicine and Education, *The Journal of Tibetan Medical College* 2: 116-120. (In Tibetan)
- 2004 *Bod kyi gso rig zhib 'jug las don spel thabs skor gleng ba*(.Research methodology in Tibetan medicine). Conference proceedings for Tibetan

medical conference, Lhasa: TAR Publisher. P.123-144.

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The study for the prevention of postpartum hemorrhage through the use of a Tibetan traditional medicine, *Zhi Byed 11 ZB11. Conference proceedings for the Chinese National Medical Association* (in Tibetan), Lhasa. P.96-112